



## **MEDIA ALERT – ATTENTION NEWS EDITORS, CHIEFS OF STAFF + PIC EDITORS**

**SAS VIETNAM VETERAN AMPUTEE TO ARRIVE IN SYDNEY AT THE  
END OF HIS SIX-MONTH, 10,000KM BIKE RIDE FROM HANOI  
TO HIGHLIGHT VETERAN SUICIDE AND PTSD**

**MEDIA CONFERENCE ON NORTHERN BROADWALK (NEAR MARQUEE)  
AT SYDNEY OPERA HOUSE AT 8.55AM TODAY, NOVEMBER 20, 2016**

Tomorrow one-legged, ex-SAS Vietnam veteran Laurie ‘Truck’ Sams SC will pedal to the Sydney Opera House forecourt to mark the end of his Long Ride Home, a six-month, 10,000km bike ride from Vietnam to raise awareness of veteran suicide and PTSD.

Formally welcoming the 67-year-old PTSD sufferer will be the Government Whip in the Legislative Council, the Hon Natasha Maclaren-Jones on behalf of the Premier Mr Baird, along with friends, supporters and representatives of the RSL and other veterans support groups.

In the spirit of ANZAC a Maori warrior’s welcome has been organised by New Zealand military veterans living in Sydney to support the ride’s campaign against veteran suicide and PTSD.

Sams, a former world champion skydiver, lost his left leg in a parachute accident in 1995, receiving Australia’s Star of Courage medal for rolling over to save his tandem parachute student. He has been on the road since leaving the Australian Embassy in Hanoi on May 12.

Media are invited to meet Truck in full riding kit with his bike at the public welcome. A B-Roll of HD video footage of the ride through South-East Asia and across Australia will be available for TV crews.

**WHEN 8.55 today, November 20 2016**  
**WHERE Northern Broadwalk, Sydney Opera House**  
**WHO Laurie ‘Truck’ Sams riding for Victory over PTSD**

For further information see [www.thelongridehome.com.au](http://www.thelongridehome.com.au).

**Bill Gray**

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